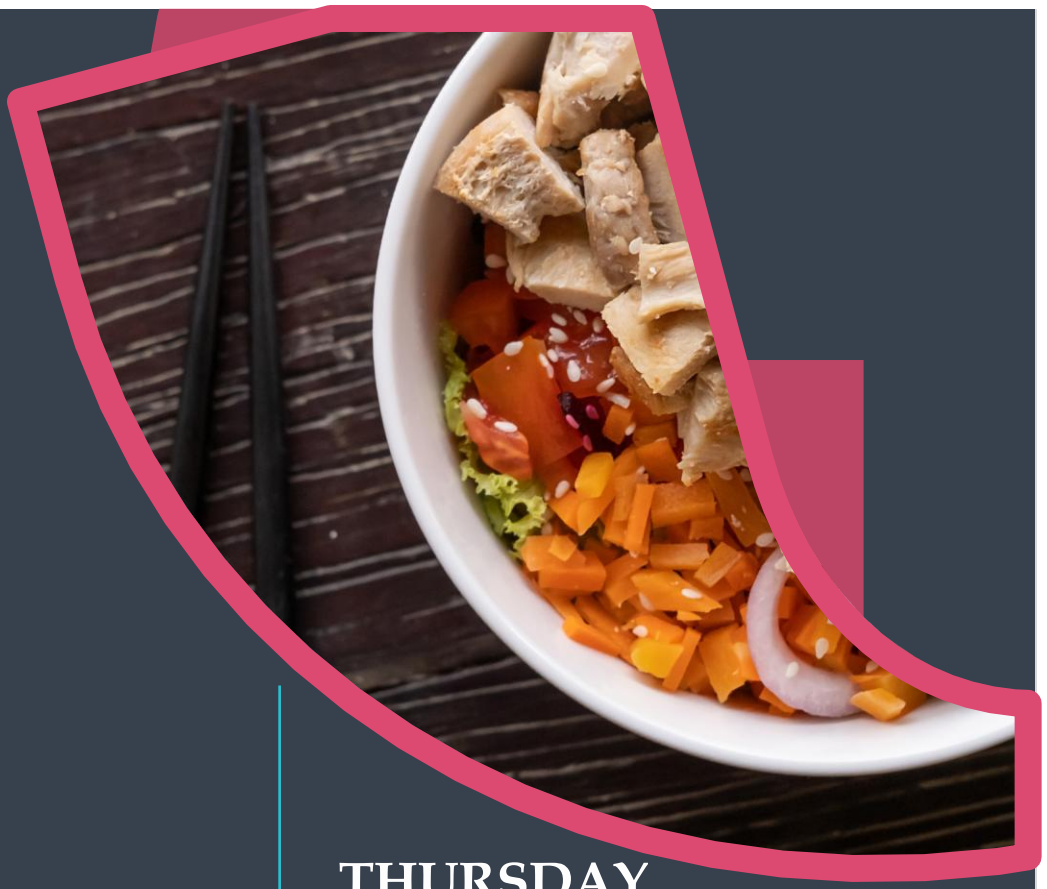
E3

Everything for Everyone, Everyday!



Menu

Week A

MONDAY

Margherita Pizza, Potato Wedges & Baked Beans

VG Sweet Potato Curry with Rice & Peas

Chocolate Mousse

TUESDAY

Breaded Chicken with Pasta & Coleslaw

VG Homemade Beanburger with Pasta & Coleslaw

Jam Sponge

WEDNESDAY

Roast Turkey with Stuffing, Roast Potatoes, Fresh Carrots, Cauliflower & Gravy

VG Cheese & Potato Pie with Fresh Carrots, Cauliflower & Gravy

Iced Shortbread

THURSDAY

Spaghetti & Meatballs with Peas & Garlic Bread

VG Spaghetti & Veggieballs with Peas & Garlic Bread

Apple Crumble & Custard

FRIDAY

Fish Fingers with Chips & Beans

VG Spanish Omelette with Chips & Beans

Chocolate Oatcake & Orange Wedges

Available Daily:
Pasta with Homemade Tomato Sauce & Cheese
Jacket Potatoes & Sandwiches

Week Commencing:
03/11 – 17/11 – 01/12 – 15/12 – 12/01
26/01 – 09/02 – 02/03 – 16/03 – 30/03

SOUTH WEST norse

E3

Everything for Everyone, Everyday!

Menu

Week B

MONDAY

Macaroni Cheese with
Broccoli & Crusty Bread

VG Vegetable Enchilada
With Fresh Salad

Iced Fruit Smoothie

TUESDAY

Chicken Curry with
Steamed Rice, Peas & Sweetcorn

VG Vegetable Curry with
Steamed Rice, Peas & Sweetcorn

Chocolate Cracknell

WEDNESDAY

Sausages in a Yorkshire Pudding with
Mashed Potatoes, Gravy,
Fresh Carrots & Cabbage

VG Quorn Sausages in a Yorkshire
Pudding with Mashed Potatoes, Gravy,
Fresh Carrots & Cabbage

Vanilla Arctic Roll

THURSDAY

Handmade Fish Pie
With Green Beans

VG Cheese Wheel with
Potato Wedges & Green Beans

Carrot Cake

FRIDAY

Fish Fillet with
Chips & Baked Beans

VG Quorn Nuggets with
Chips & Baked Beans

Flapjack & Apple Wedges

AVAILABLE DAILY:

Pasta with Homemade Tomato Sauce & Cheese
Jacket Potatoes & Sandwiches

Week Commencing:
10/11 – 24/11 – 08/12 – 05/01 – 19/01 – 02/02 – 23/02 – 09/03 – 23/03

SOUTH WEST norse