Ellen Tinkham School ETS

South West norse

Fresh Ideas Feeding Minds

Learn to Live Federation

Spring/Summer

Menu 2026

1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese & Tomato Pizza with Potato Wedges & Salad Sticks	Mediterranean Chicken & Rice with Peas & Sweetcorn	Sausages with Roast Potatoes, Fresh Carrots, Green Beans & Gravy	BBQ Chicken Wrap with Herby Diced Potatoes & Fresh Salad	Fish Fingers with Chips & Baked Beans
Hot Option 2	Plant Balls in a Tomato Sauce with Rice & Peas	Cheese & Tomato Pasta Bake with Peas & Sweetcorn	Plant Sausages with Roast Potatoes, Fresh Carrots, Green Beans & Gravy	Veggie Enchilada with Herby Diced Potatoes & Fresh Salad	Cheese & Tomato Frittata with Chips & Baked Beans
Pudding	Chocolate Mousse	Flapjack & Apple Wedges	Lemon Shortbread with Melon Wedges	Pip Organic Ice Lolly	Vanilla Arctic Roll

Week One:

20/04 – 04/05 – 18/05 – 08/06 – 22/06 – 06/07 – 20/07 – 07/09 – 21/09 – 05/10 – 19/10

Available Daily: School Packed Lunch ; Filled Jacket Potatoes ; Taster Meals

2	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Macaroni Cheese with Crusty Bread Peas & Sweetcorn	Hot Dog in a Bun with Potato Wedges & Baked Beans	Roast Chicken with Roast Potatoes Fresh Carrots & Broccoli Stuffing & Gravy	Pasta Bolognese with Chunky Mixed Veg	Battered Chicken Bites with Chips & Baked Beans
Hot Option 2	Veggie Curry with Rice Peas & Sweetcorn	Veggie Hot Dog in a Bun with Potato Wedges & Baked Beans	Veggie Plait with Roast Potatoes Fresh Carrots & Broccoli & Gravy	Cheese & Tomato Pasta Bake with Chunky Mixed Veg	Veggie Nuggets with Chips & Baked Beans
Pudding	Chocolate Mousse	Flapjack & Apple Wedges	Lemon Shortbread with Melon Wedges	Pip Organic Ice Lolly	Vanilla Arctic Roll

Week Two:

27/04 – 11/05 – 01/06 – 15/06 – 29/06 – 13/07 – 14/09 – 28/09 – 12/10

Available Daily: School Packed Lunch ; Filled Jacket Potatoes ; Taster Meals