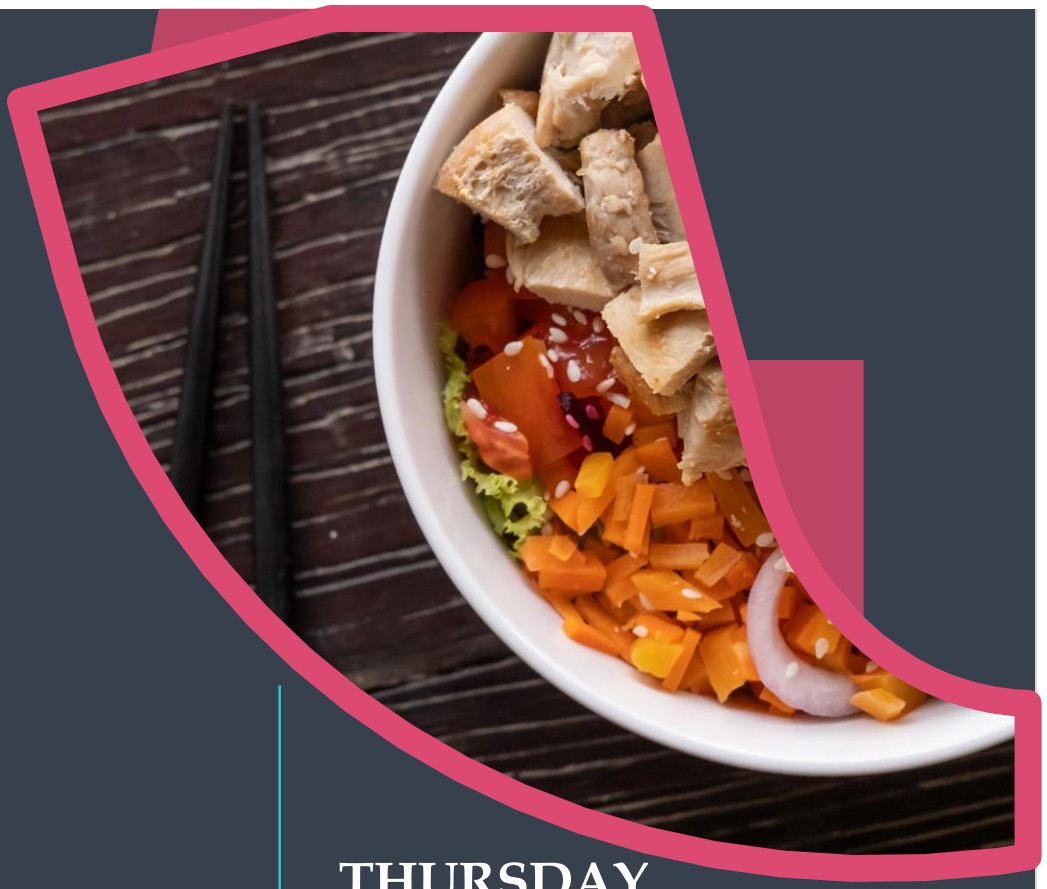
E3

Everything for Everyone, Everyday!



Menu

Week A

MONDAY

Margherita Pizza with
Potato Wedges & Salad Sticks

VG Plant Balls in Tomato Sauce
With Pasta & Broccoli

Iced Fruit Smoothie

TUESDAY

Chicken Curry with
Rice, Peas & Sweetcorn

VG Cheese & Tomato Pasta Bake
With Peas & Sweetcorn

Summer Berry Muffin

WEDNESDAY

Roast Gammon with
Roast Potatoes, Fresh Carrots,
Broccoli & Gravy

VG Homity Pie with Fresh
Carrots, Broccoli & Gravy

Fruit Jelly

THURSDAY

Sausages & Mash with
Peas & Gravy

VG Veggie Sausages & Mash
with Peas & Gravy

Apple Flapjack

FRIDAY

Fish Fillet with
Chips & Beans

VG Veggie Nuggets with
Chips & Beans

Pip Organic Ice Lolly

Available Daily:
Pasta with Homemade Tomato Sauce & Cheese
Jacket Potatoes & Sandwiches

Week Commencing:
20/04 – 04/05 – 18/05 – 08/06 – 22/06
06/07 – 20/07 – 07/09 – 21/09 – 05/10 – 19/10

SOUTH WEST norse

E3

Everything for Everyone, Everyday!

Menu

Week B

MONDAY

Macaroni Cheese with Peas & Garlic Bread

VG Tex Mex Chilli with Rice & Peas

Chewy Krispie Bar & Orange Wedges

TUESDAY

BBQ Chicken with Steamed Rice & Chunky Veg

VG Vegetable Burrito with Salad Sticks

Apple Crumble & Custard

WEDNESDAY

Roast Chicken with Roast Potatoes, Fresh Carrots, Cabbage & Gravy

VG Cheese Wheels with Roast Potatoes, Fresh Carrots, Cabbage & Gravy

Vanilla Arctic Roll

THURSDAY

Pasta Bolognese with Green Beans

VG Veggie Pasta Bolognese with Green Beans

Marble Shortbread

FRIDAY

Fish Fingers with Chips & Baked Beans

VG Cheese & Tomato Frittata with Chips & Baked Beans

Oaty Cookie

AVAILABLE DAILY:

Pasta with Homemade Tomato Sauce & Cheese
Jacket Potatoes & Sandwiches

Week Commencing:
27/04 – 11/05 – 01/06 – 15/06 – 29/06 – 13/07 – 14/09 – 28/09 – 12/10

SOUTH WEST norse